

**UDL/AT Checklist for Preschool Center-Based Programs**

Today's early childhood classrooms include supports to help young children participate in daily activities. Please check the items below that you find in the classroom or ones that are similar. Add any additional supports that you find.

√	<b>Movement/Position Supports</b>	√	<b>Communication Supports</b>
	<ul style="list-style-type: none"> <li>• Inflatable wedge or disc</li> </ul>		<ul style="list-style-type: none"> <li>• Paper-based communication boards – core vocabulary</li> </ul>
	<ul style="list-style-type: none"> <li>• Supportive floor seat (e.g., howdaHUG, wobble seat)</li> </ul>		<ul style="list-style-type: none"> <li>• Topic boards (Show and Tell questions, activity centers, lunch time, job helpers, etc)</li> </ul>
	<ul style="list-style-type: none"> <li>• Inflatable seat (e.g., therapy ball)</li> </ul>		<ul style="list-style-type: none"> <li>• Flip books of activity sequence</li> </ul>
	<ul style="list-style-type: none"> <li>• Tumbleforms or foam supports</li> </ul>		<ul style="list-style-type: none"> <li>• Choice boards with objects or pictures</li> </ul>
	<ul style="list-style-type: none"> <li>• Floor target (carpet square, name, picture) for sitting</li> </ul>		<ul style="list-style-type: none"> <li>• Simple recordable devices (Big Mack, Step by Step, Go Talk One)</li> </ul>
	<ul style="list-style-type: none"> <li>• Back jack chair</li> </ul>		<ul style="list-style-type: none"> <li>• More complex recordable devices (e.g., GoTalk 4/9)</li> </ul>
	<ul style="list-style-type: none"> <li>• Bean bag chair</li> </ul>		<ul style="list-style-type: none"> <li>• Vests with objects/pictures</li> </ul>
	<ul style="list-style-type: none"> <li>• Floor table/tray</li> </ul>		<ul style="list-style-type: none"> <li>• Eye gaze boards with photos, symbols, objects</li> </ul>
	<ul style="list-style-type: none"> <li>• Chair with foot rest</li> </ul>		<ul style="list-style-type: none"> <li>• Digital recorders</li> </ul>
	<ul style="list-style-type: none"> <li>• Chair with side supports (e.g., cube chair)</li> </ul>		<ul style="list-style-type: none"> <li>• Apps for creating communication options</li> </ul>
	<ul style="list-style-type: none"> <li>• Adjustable table</li> </ul>		
	<ul style="list-style-type: none"> <li>• Bouncy Bands</li> </ul>		
	<ul style="list-style-type: none"> <li>• Walking rope</li> </ul>		
√	<b>Supports to use activity materials</b>	√	<b>Sensory + Visual Supports</b>
	<ul style="list-style-type: none"> <li>• Multiple types of blocks (texture, weighted, magnet, etc.)</li> </ul>		<ul style="list-style-type: none"> <li>• Weighted vests, blankets, toys</li> </ul>
	<ul style="list-style-type: none"> <li>• Drawing tools (finger crayons, large crayons/markers, grips, easy to hold brush)</li> </ul>		<ul style="list-style-type: none"> <li>• Vibrating objects</li> </ul>
	<ul style="list-style-type: none"> <li>• Velcro mitts</li> </ul>		<ul style="list-style-type: none"> <li>• High contrast pictures/symbols</li> </ul>
	<ul style="list-style-type: none"> <li>• Books: large, cardboard, digital, recordable devices, apps; page turners, book stands</li> </ul>		<ul style="list-style-type: none"> <li>• Cubbies, shelves and room areas are labeled with photos/pictures/text in home language</li> </ul>
	<ul style="list-style-type: none"> <li>• Scissors: hand-over-hand, loop scissors, cutters</li> </ul>		<ul style="list-style-type: none"> <li>• Calming supports: peapod jr., tent</li> </ul>
	<ul style="list-style-type: none"> <li>• Table easels, slant boards</li> </ul>		<ul style="list-style-type: none"> <li>• Items for chewing</li> </ul>
	<ul style="list-style-type: none"> <li>• Inflatable, textured balls</li> </ul>		<ul style="list-style-type: none"> <li>• Fidgit toys: twisting, pinching, squishing, etc</li> </ul>
	<ul style="list-style-type: none"> <li>• Puzzles: knobbed, outlined</li> </ul>		<ul style="list-style-type: none"> <li>• Sound amplifiers (speakers)</li> </ul>
	<ul style="list-style-type: none"> <li>• Adaptive materials: non-slip, Velcro, build-up materials</li> </ul>		<ul style="list-style-type: none"> <li>• Sound reducers/ filters (headphone, ear covers)</li> </ul>
	<ul style="list-style-type: none"> <li>• Eating supports: curved utensils, non-slip bowls</li> </ul>		<ul style="list-style-type: none"> <li>• Line up - floor paths or markers</li> </ul>
	<ul style="list-style-type: none"> <li>• Art trays to define space, confine materials</li> </ul>		<ul style="list-style-type: none"> <li>• Light box, enlarged signs</li> </ul>
	<ul style="list-style-type: none"> <li>• Apps for similar activities (drawing, writing, making stories, building, cooking, etc.)</li> </ul>		<ul style="list-style-type: none"> <li>• Picture schedules of daily activities</li> </ul>
			<ul style="list-style-type: none"> <li>• Social stories: flip books, apps</li> </ul>
			<ul style="list-style-type: none"> <li>• Recipes, stories modified with picture symbols</li> </ul>
			<ul style="list-style-type: none"> <li>• Illustrated reward systems, class rules or child expectations</li> </ul>
			<ul style="list-style-type: none"> <li>• First/then-next sequences</li> </ul>
			<ul style="list-style-type: none"> <li>• Apps for creating visual supports</li> </ul>

ELC Classroom \_\_\_\_\_ Recorder \_\_\_\_\_ Date \_\_\_\_\_

**Comments/descriptions of other or most useful supports:**

If possible, please take photos of support items. Thank you.